



# Lincoln Trail District Health Department

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## Lincoln Trail District Health Department Recommends Hepatitis A Vaccination for Children & Adults in Nelson County

Due to an ongoing outbreak of hepatitis A, Lincoln Trail District Health Department (LTDHD) has issued the recommendation for all residents in Nelson County to seek vaccination. A total of 674 cases of hepatitis A have been reported in Kentucky. A total of 8 cases of hepatitis A have been reported in Nelson County Kentucky during the past 100 days meeting the Kentucky Department for Public Health's criteria for issuing a recommendation for vaccination of all residents.

"Lincoln Trail District Health Department strongly encourages all residents of Nelson County to seek vaccination. Those most at-risk include incarcerated populations, homeless populations, illicit drug using populations, men who have sex with men (MSM), international travelers, expected contacts to international adoptees within the first 60 days of the US arrival and those in contact with at risk populations. Contact of the at-risk populations would include any individuals who have occupations or volunteer roles that include responsibilities requiring frequent (i.e., more than one time per month) contact with these populations or family members of individuals who are included in these populations.

If you have insurance, please consult with your primary care provider, in-network provider or local pharmacy for administration of the hepatitis A vaccine.

We will be holding a vaccine clinic for the uninsured/underinsured on June 14 from 12-4:30 at the **Nelson County Civic Center**. Take steps to protect yourself against hepatitis A infection. This includes using proper hand washing before and after eating. "The best way to prevent hepatitis A infection is to get vaccinated" said Sara Jo Best, Lincoln Trail District Health Department Public Health Director.

□ NELSON COUNTY HEALTH CENTER  
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According to the CDC: "Hepatitis A is a vaccine-preventable, communicable disease of the liver caused by the hepatitis A virus (HAV). It is usually transmitted person-to-person through the fecal-oral route or consumption of contaminated food or water. Hepatitis A is a self-limited disease that does not result in chronic infection. Most adults with hepatitis A have symptoms, including fatigue, low appetite, stomach pain, nausea, and jaundice, that usually resolve within 2 months of infection; most children less than 6 years of age do not have symptoms or have an unrecognized infection. Antibodies produced in response to hepatitis A infection last for life and protect against reinfection."

Anyone who is experiencing symptoms should immediately contact their physician or seek other medical attention.

Anyone with possible exposure and not experiencing symptoms is encouraged to contact their healthcare provider or the health department for a post-exposure hepatitis A vaccine.

For more information about hepatitis A, please visit <https://www.cdc.gov/hepatitis/hav/> or [lincolntailhealthdepartment.com](http://lincolntailhealthdepartment.com).

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