



Lincoln Trail District Health Department

108 NEW GLENDALE ROAD
P.O BOX 2609
ELIZABETHTOWN, KENTUCKY 42702-2609
(270)-769-1601
FAX (270)-765-7274



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Media Contact:
Donny Gill
270-769-1601
donny.gill@ky.gov

State Health Department Recommends Hepatitis A Vaccination for Children & Adults in Hardin County

Due to an ongoing outbreak of Hepatitis A, the Kentucky Department for Public Health (DPH) has issued the recommendation for everyone residing in Hardin County to seek vaccination. There have been a total of 311 cases of Hepatitis A reported in Kentucky.

“Lincoln Trail District Health Department strongly encourages all residents of Hardin County to seek vaccination. If you have insurance, please consult with your primary care provider, in-network provider or local pharmacy for administration of the hepatitis A vaccine,” said Sara Jo Best, Public Health Director. We will be publicizing dates of the vaccine clinic for the uninsured as soon as we receive information regarding vaccine availability. Take steps to protect yourself against hepatitis A infection. This includes using proper hand washing before and after eating. The best way to prevent hepatitis A infection is to get vaccinated.

According to the CDC:

“Hepatitis A is a vaccine-preventable, communicable disease of the liver caused by the hepatitis A virus (HAV). It is usually transmitted person-to-person through the fecal-oral route or consumption of contaminated food or water. Hepatitis A is a self-limited disease that does not result in chronic infection. Most adults with hepatitis A have symptoms, including fatigue, low appetite, stomach pain, nausea, and jaundice, that usually resolve within 2 months of infection; most children less than 6 years of age do not have symptoms or have an unrecognized infection. Antibodies produced in response to hepatitis A infection last for life and protect against reinfection. The best way to prevent hepatitis A infection is to get vaccinated.”

Anyone who is experiencing symptoms should immediately contact their physician or seek other medical attention.

Anyone with possible exposure and not experiencing symptoms is encouraged to contact their healthcare provider or the health department for a post-exposure hepatitis A vaccine.

For more information about hepatitis A, please visit <https://www.cdc.gov/hepatitis/hav/>

□ HARDIN COUNTY HEALTH CENTER
580 WESTPORT ROAD
ELIZABETHTOWN, KENTUCKY 42701
270-765-6196

□ LARUE COUNTY HEALTH CENTER
215 EAST MAIN STREET
HODGENVILLE, KENTUCKY 42748
270-358-3844

□ MARION COUNTY HEALTH CENTER
516 NORTH SPALDING AVENUE
LEBANON, KENTUCKY 40033
270-692-3393

□ MEADE COUNTY HEALTH CENTER
520 HILLCREST DRIVE
BRANDENBURG, KENTUCKY 40108
270-422-3988

□ NELSON COUNTY HEALTH CENTER
325 SOUTH THIRD
BARDSTOWN, KENTUCKY 40004
502-348-3222

□ WASHINGTON COUNTY HEALTH CENTER
302 EAST MAIN STREET
SPRINGFIELD, KENTUCKY 40069
859-336-3980



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