

FACTS ABOUT CARBON MONOXIDE

WHAT IS CARBON MONOXIDE?

Carbon monoxide (kar-buhn muh-nok-side) is a gas. You cannot see or smell it. There will be no smoke or fire.

WHAT CAN CARBON MONOXIDE DO TO ME?

It can make you very sick or kill you. It can hurt babies and pets, too.



Headache



Tired



Dizzy



**Chest
Pain**



**Stomach
Pain**

WHAT SHOULD I DO IF I GET SICK?



**Go
outdoors
to get
fresh air.**



**See a
doctor.**



**If you are
very sick,
call 911.**

HOW WILL I KNOW IF CARBON MONOXIDE IS IN MY HOME?

You cannot see or smell it. There will be no smoke or fire. You can buy a carbon monoxide detector (dee-tek-ter) at a local hardware store. The detector will make a loud noise when carbon monoxide is in the air.

FOR MORE INFORMATION

Lincoln Trail District Health Department

1-866-287-8908



Kentucky Cabinet for Health and
Family Services, Frankfort, Ky.
502-564-7243
<http://chfs.ky.gov/preparedness>

Kentucky Regional Poison Center
Louisville, Ky.
Emergency: 1-800-222-1222
<http://www.krpc.com>

BE SAFE WHEN THE POWER IS OFF

Carbon monoxide (kar-buhn muh-nok-side) is a gas. You cannot see or smell it. There will be no smoke or fire. It can poison you if you try to stay warm the **WRONG** way.

DANGER! UNSAFE WAYS TO STAY WARM.



DO NOT use a gas oven for heat.



DO NOT use a grill indoors.



DO NOT turn your car on in the garage.



DO NOT use a generator indoors.

SAFE WAYS TO STAY WARM.



Wear more clothes and a hat.



Use blankets.



Stay in bed.



When using a kerosene (ker-uh-seen) heater, open a window to get fresh air.



Keep a generator outdoors and 25 feet away from your home and other homes.



Heat one room. Use a space heater or fireplace.



Close doors to keep heat in one room.

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